

# Credible Arts Therapies

## Mission

We strive to enrich the lives of individuals with physical, mental, and emotional limitations by providing complimentary therapies in order to maintain and develop the expressive, cognitive, social and life skills of individuals of all ages within the community, as well as the surrounding area. The scope of activities will include the development, provision and administration of educational and recreational training of complimentary-related therapies.

## Benefits

- Facilitative device for promoting group interaction
- Promoter of self-esteem, awareness and independence
- Component in sensory motor development
- Tool in behavior management

## Services

**Programs** – Through our mobile programs, we emphasize instruction methods that focus on individual needs and help transfer theory into practice.

**Workshops** – Through our training sessions, family members and professional staff can learn a more effective way of working with loved ones and individuals with limitations.

**Educational** – Continuing Education Units are available for persons requiring these hours. Our projects are endorsed by institutions of higher education as well as state health boards.

**Therapeutic** – Universally Accessible Playgrounds open the door for intergenerational programming for individuals of all ages to enjoy.

## Sponsors

We would like to thank those who have helped us grow to where we are now!

Pittsburg State University – Department of Health, Human Performance and Recreation  
Pittsburg Parks and Recreation

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